



Individual Counseling Permission Form

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Dear Parent/Guardian,

At Box Elder Middle School we want to help students gain the skills necessary to work through the challenges facing them in the world today.

The goal of counseling in a school setting is to provide support and instruction relating to the immediate needs of the student. School Counselors do not provide therapy and should not be considered as long-term solution to serious issues. Counseling sessions with students are brief and only held depending on need and permission from parents/guardians.

While counseling sessions are confidential we always encourage students to share information with their parent/guardian. Exceptions to this rule are made as required by law such as: a reason to suspect there is harm to the student and/or others, or when court ordered. During the course of our discussion(s) your student may discuss his/her personal views and experiences as appropriate.

If you would like your student to receive counseling services, please complete, sign and return this form to school. This form must be signed for your student to receive services.

Student's Name: _____

I, the undersigned, _____ am fully aware of all the circumstances of my student's participation in counseling services and I give the school my informed consent to provide these services.

Parent/Legal Guardian Signature

Date

Family Educational Rights and Privacy Act*Section 53a-13-302, Utah Code, provides that parents/legal guardian must be notified at least two weeks prior to a school activity or planned discussion which may lead to students revealing private information.